

KAIGOO

QUALITY CAREGIVING, QUALITY LIFE



011-3301 9681



WE ARE ALL AGING

ONE DAY, WE WILL NEED TO GIVE CARE OR RECEIVE CARE

ARE YOU READY TO AGE?

93% OF FAMILY MEMBERS
CARING FOR AN OLDER ADULT
SAY THEY HAVE **NEVER**
RECEIVED ANY CAREGIVING
TRAINING

THIS LED TO MANY EXPERIENCING
CAREGIVER BURNOUT

MANY CARE RECIPIENTS & CAREGIVERS
GETTING HURT UNNECESSARILY

MANY WORKING ADULTS NEEDING TO
SACRIFICE CAREER FOR CAREGIVING

YOU WILL ONE DAY GIVE OR RECEIVE CARE

WE OFFER YOU -

A SOLUTION



**TO PROVIDE RIGHT CARE
FOR YOUR LOVED ONES**



**TO AGE WITH
DIGNITY AND GRACE**



**TO BALANCE
CAREER AND CARE**



**TO EXPLORE
MORE OPPORTUNITIES**



KAIGO

BASED ON JAPANESE STANDARDS;
LEARN FROM THE BEST AND MOST EXPERIENCED



SELF-PACED ONLINE
CAREGIVING COURSE



6 PHYSICAL
WORKSHOPS & 12
ONLINE TUTORIALS



REPLAY & REWATCH
ANYTIME ANYWHERE



NEW ERA
UNIVERSITY COLLEGE
KAJANG, SELANGOR

LOCATIONS



NIRVANA 2,
KUALA LUMPUR

UNLOCK A CAREGIVING JOURNEY
THAT IS

RELAXING REJUVENATING REWARDING

KNOWLEDGE

TO AGE WITH
DIGNITY AND GRACE

1

PRINCIPLES OF CAREGIVING

HAVE YOU GRASPED THE KEY ELEMENTS TO HEALTHY AGEING?

2

SAFE AND CLEAN ENVIRONMENT FOR ELDERERS

IS YOUR HOME SAFE FOR YOUR AGING LOVED ONES?

3

MENTAL HEALTH OF ELDERERS

DO YOU WANT TO UNDERSTAND YOUR AGING PARENTS BETTER?

4

PHYSIOLOGICAL HEALTH OF ELDERERS

DO YOU KNOW HOW TO TACKLE THE COMMON HEALTHCARE NEEDS OF AN AGING BODY?

SKILLS

TO KEEP YOUR
LOVED ONES SAFE

5

ELDERLY MEALS & DINING

HOW DO WE MAKE DINING ENJOYABLE FOR THE FAMILY?

6

ELDERLY MOVEMENT

STEP BY STEP TOWARDS INDEPENDENCE

7

ELDERLY DRESSING & GROOMING

IN SICKNESS AND IN HEALTH, YOUR LOVED ONES CAN STILL BE BEAUTIFUL

8

ELDERLY TOILETING

TOILETING IS HARD, BUT NECESSARY. IT CAN BE EASIER

TECHNIQUES

TO PROVIDE
EFFECTIVE CARE

9

HANDLING VARIOUS ILLNESSES

PARKINSON'S, STROKE, BEDSORES, JOINT LESIONS... WHAT TO DO?

10

HANDLING ACCIDENTS & EMERGENCIES

PREVENTING UNNECESSARY INJURIES

11

BASIC DEMENTIA CARE

ARE YOU PREPARED TO HANDLE ONE OF THE MOST COMMONLY FACED ELDERLY DISEASE?

12

BASIC HOSPICE CARE

PUTTING THE GOOD IN GOODBYE

COURSE PRICE

SECURE YOUR PLACE

ORIGINAL PRICE

~~RM 8,600~~
nett

SUBSIDIZED PRICE*

RM 4,300
nett

100 SEATS
ONLY

* SUBSIDIZED BY NIRVANA

AVAILABLE IN
ENGLISH & MANDARIN

REGISTER NOW



COURSE RECOGNITION

- ACCREDITED BY MALAYSIAN ASSOCIATION FOR SOCIAL CARE PROFESSIONALS AND HOMES FOR CAREGIVER EMPLOYMENT IN MALAYSIA.
- RECOGNIZED BY MALAYSIAN AND JAPANESE GOVERNMENT
- ACCREDITED AS ENTRY REQUIREMENT TO NATIONAL CAREGIVER COURSES IN JAPAN.

NOW

EVERYONE

CAN CARE